

07961 756282

About me I In safe hands

Rest assured you are in safe hands, I am fully dedicated to my work and driven by customer satisfaction, I aim to deliver safe, ethical, hygienic high-quality treatments. I am committed to learning and attend training sessions to update my knowledge and skills, so you can benefit from the latest most advanced techniques. All consultations and treatments are carried out by me.

Debbie x

- Registered General Nurse
- Independent Nurse Prescriber
- Registered with NMC
- Member of RCN
- Member of ACE
- Insured by Hamilton Fraser

ALL MAJOR CREDIT CARDS ACCEPTED

GIFT VOUCHERS AVAILABLE

NO OBLIGATION FACE TO FACE CONSULTATIONS

OPENING HOURS:

Wednesday 10.00 – 19.00.

Thursday 13.00 – 19.00.

Friday 10.00 – 19.00.

Saturday 08.30 – 16.00.

Out of hours service available on request.

Dermal Fillers

Restylane, Juverderm, Teoxane.

Dermal fillers are made of 'Hyaluronic acid' a substance naturally found in the body. These can be used to plump areas and or replace lost volume.

Prior to treatment the area to be treated is numbed by applying anaesthetic cream to make the treatment as comfortable as possible, also all fillers used contain lidocaine to further ensure comfort, effects are immediate, there may be some redness, swelling and bruising – this will resolve in a few days, results can last up to 12 months, however this can vary.

Areas treated:

- Lips
- Cheeks
- Temples
- Tear troughs
- Chin, Jaw line
- Nose (Non-Surgical Rhinoplasty)

Price: £120 for 0.5ml, £210 for 1ml.

Needle and cannula technique used.

If 2×1 ml syringes are used in one treatment a 5% discount is applied.

Restylane Skinboosters

A treatment for the full face, neck, décolletage and hands, ideal for rehydrating dehydrated skin, producing fresh, radiant rehydrated skin.

2 treatments are required a month apart. (1 x 1ml syringe per treatment)

Price: Course of two £420. (one month apart)

Maintenance treatment recommended every 6 – 9 months £220.



Restylane Skinbooste

Profhilo

A skin remodelling treatment designed for skin that is lacking volume and elasticity. By stimulating the production of collagen and elastin through the slow release of Hyaluronic Acid. Perfect for tired, dull and ageing skin as it provides overall more plump and luminous skin.

2 treatments are required a month apart. (1 x 2ml syringe per treatment)

Price: Course of two £500. (one month apart)

Maintenance treatment recommended every

6 to 9 months £275.

Muscle relaxing injections (Botulinum Toxin A)

Botulinum Toxin injections are medical treatments that are used to help relax facial muscles, as a result reducing lines that are unflattering and ageing, giving a more youthful appearance.

Treatment is quick and almost pain free, effects are seen from day 3 onwards and last between 3 to 5 months.

Areas treated:

- Frown lines
- Forehead
- Crows feet
- Sad smile
- Bunny lines
- Nefertiti lift

Also available: Hyperhydrosis treatment.

Price Guide: 1 area £110, 2 areas £165, 3 areas £200.

A review 2 weeks following treatment is offered.

Glycolic Skin Peels 40% and 70% (licenced for medics only use)

Alpha Hydroxy Acid works by penetrating the upper layer of the dermis allowing the dead skin cells to dissolve revealing the underlying skin. No downtime. Exfoliates, removing dead skin cells. Stimulates, increases cell renewal. Suitable for all skin types.

ALL peels will increase skins light sensitivity.
Sunbed use is not recommended.

SPF is MANDATORY and can be purchased following treatment.

Treatment time is 15 minutes.

Recommended course of 4 one week apart.

Price 1 x 40% peel £40, course of 4 £120 (course to be paid for in full at time of booking).

70% peel: a deeper more intense peel, licenced for use by medical professionals only

(only available following a minimum of 3 40% peels)

Price £60

Mesotherapy

A gentle but effective approach to skin rejuvenation. Immediate results. No downtime. Relatively painless.

Nappage technique used to deliver a cocktail of vitamins, minerals, amino acids and plant extracts to the mesodermal layer of the skin. Suitable for all skin types.

- Anti-Ageing
- Pigment Reduction
- Clearer smoother skin
- Wound/tissue remodelling

Treatment time 30 minutes.

Recommended course of 4 one week apart.

Price: 1 treatment £80, course of 4 £240 (course to be paid for in full at time of booking)

(treatment is inclusive of 40% skin peel and a collagen mask)

Microneedling

The leading treatment in skin rejuvenation. Aim is to traumatise the skin without causing collateral damage, tiny sterile needles make multiple superficial puncture wounds releasing growth factors that stimulate fibroblasts creating new collagen and elastin, these tiny puncture wounds also allow the passage of treatment specific serum (induction of collagen)

- Acne scarring
- Stretch marks
- Rosacea
- Hyperpigmentation
- Anti-ageing: reducing fine lines
- Large pores

Treatment time 1 hour: includes a pre-needling EZ CO2 mask, a post-needling peptide gel mask and LED light therapy.

Price: £120 price includes a soothing repair postcream for home use.

A course of treatments may be required for some conditions.

A gap of 4 weeks is required between treatments to achieve optimum efficacy.

Please note that I do offer Dermaroller treatments if requested, however Microneedling is the most up to date treatment producing the same results with added benefits.



& Microneec



LED (Light Emitting Diode) Light Therapy

Non-invasive, non-thermal so no trauma. Designed to promote tissue regeneration and healing, reduce inflammation, relieve pain and be used for Hair restoration. The most treat a number of dermalogical concerns.

- Enlarged Pores
- Ageing skin: Fine lines
- Periorbital puffiness
- Hyperpigmentation
- Acne: (all grades) Acne Rosacea, Hormonal breakouts, Bacterial skin breakout
- Inflammatory conditions: Eczema, Psoriasis, Dermatitis, Rosacea.

Price: £20 for 20 minutes as a stand-alone treatment or can be added to other treatments.

Hair Restoration

Alopecia, Receding hairline. Both Mesotherapy and Microneedling can appropriate technique will be discussed at consultation.

Price: From £120, a course is recommended, products for home use must be used to achieve optimum results these will also be discussed at consultation.

A full range of skin care products are available to purchase for home use, these will enhance and prolong treatment results.

Health and Wellness

Vitamin B12 injections:

Vitamin B12 is an essential vitamin that our bodies need but cannot produce.

Some Benefits of vitamin B12:

- Increase energy levels
- Fights fatigue & tiredness
- Vital for Vegetarians & Vegans (food source only meat and dairy)
- Improve deeper sleep
- Promotes weight loss
- Reduce stress, depression & anxiety
- Balance immune system
- Healthy hair, skin and nails
- Improves focus, memory & mood
- Helps with red blood cell formation and anaemia prevention
- Supports bone health
- May improve heart health by decreasing homocysteine
- · Healthy body, Healthy mind.

Price: single injection £30, course of 4 £100.

Don't like needles but want the benefits? No problem: Vitamin B12 patches are also available.

Disclaimer: B12 injections / energy patch are not intended to diagnose, treat, cure or prevent any disease.

Hay Fever symptom relief

Single injection £55

Disclaimer: Injection is not intended to diagnose or cure condition.